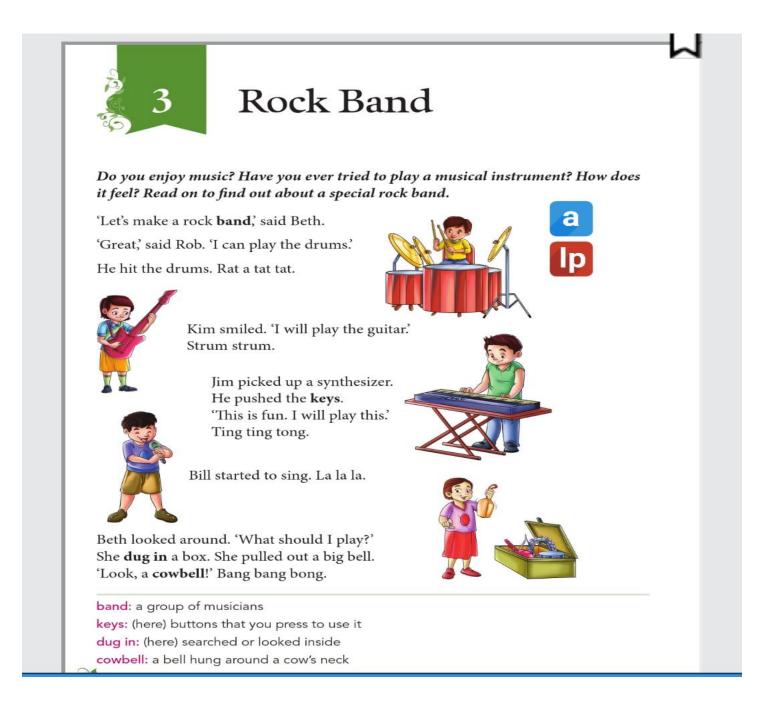




# English:-

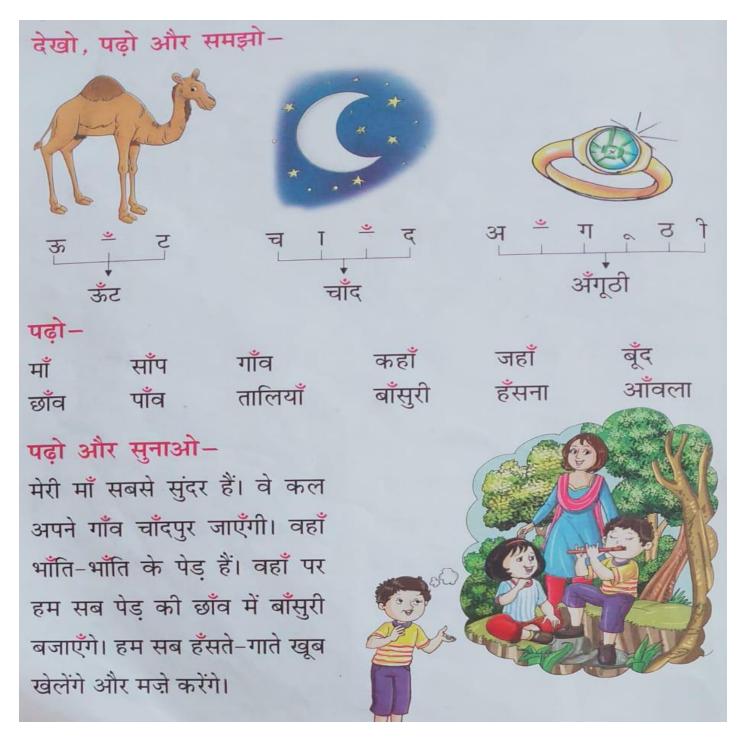
#### Task:-Read the given text.



# <u>Hindi:</u>

Watch the video carefully and read the given text.

#### https://youtu.be/pfp6dCdy2al



Task- चंद् बिन्द् की मात्रा के पाँच शब्द और दो वाक्य लिखों।

#### Assessment

### UOI, English and maths (Integration) :



Grade- 1 Theme:-Who We Are Summative Assessment Rubric 2020-21

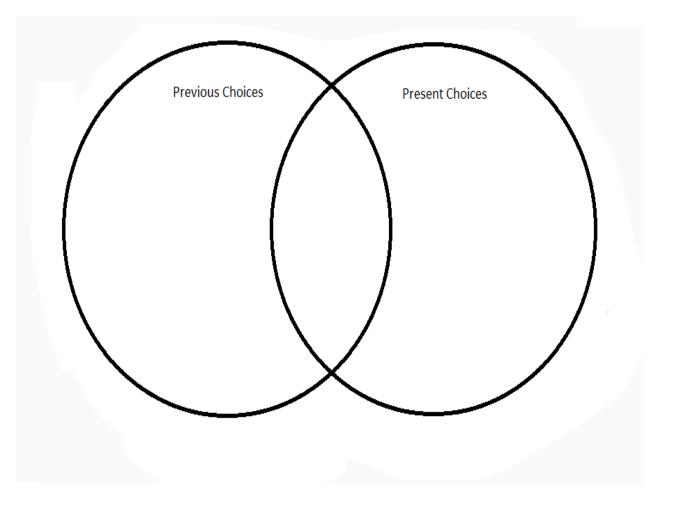
Date:- 18<sup>th</sup> May 2020 2020 Submission date:- 20<sup>th</sup> May

Conceptual understanding: - Making balanced choices about daily routine enables us to have a healthy lifestyle.

**Task**: Compare and contrast in a Venn diagram your previous and present choices and routine. (Good habits/ bad habits)

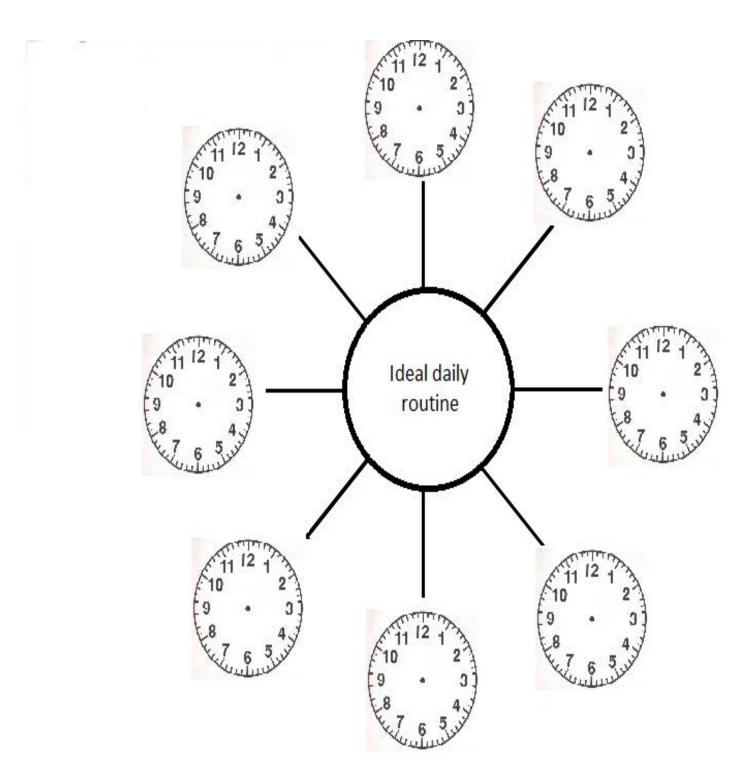
Criteria	Above Standard (4)	Meets standard (3)	Approaching standard (2)	In- progress (1)
Conceptual understanding	Learner demonstrates excellent understanding of the concepts learnt in this unit.	Learner demonstrates good understanding of the concepts learnt in this unit.	. Learner demonstrates satisfactory understanding of the concepts learnt in this unit.	. Learner demonstrates some understanding of the concepts learnt in this unit with prompts.
Choices	Learner made appropriate choices and sorted them correctly.	Learners made some appropriate and sorted some of them correctly.	Learners made very few appropriate choices and sort only few correctly.	Learner made appropriate choices and sorted them with guidance.
Measurement (Time)	Learner demonstrates excellent understanding of the concept	Learner demonstrates good understanding of the concept.	Learner demonstrates satisfactory understanding of the concept.	Learner demonstrates some understanding of the concept with guidance.
Reflection	Learner's reflection was appropriate and connected to the concept.	Learner's reflection was correct and somewhat connects to the concept.	Learner's reflection was fair and showed a little connection to the concept	Learner could reflect with help and connection to the concept was seen

**Task 1** : Compare and contrast on a Venn diagram your previous and present choices and routine (good habits / bad habits).



Help Box:- go to bed late, wake up late, eat junk food, watch more T.V, exercise daily, take balanced diet ,take bath daily, no more junk food, less physical activity, eat fruits and vegetables less, more chips and fried food, go to bed on time, wake up early, eat more fruits and vegetables ,play indoor games, read books, less use of mobile

Task 2 : Plan your ideal daily routine on a clock and try to follow it.(draw hands of the clock)



Task 3: Write one change you brought in your daily routine /habit during this unit and why?

GK:- Do the given worksheet.

# Name :

# What day am i?

I am the second day of the week .What day am I?

I am the first day of the week. What day am I?

I am the last day of the week. What day am I?

I am the third day of the week. What day am I?

I am the sixth day of the week. What day am I?

I am the fourth day of the week. What day am I?

I am the fifth day of the week. What day am I?

© MissFaleena

Friday	Wednesday	Tuesday
Thursday	Saturday	Monday
	Sunday	

Music:-Task:- Listen to the music and practice it.

https://youtu.be/sHA8KggNvOg

# Mindful me activity:-

Task:- Write your goals and try to achieve them.

